

Do you want to have a baby that cries less, sleeps better, has better brain development and the solution is free?

There is a free solution!

Pregnant Moms and Dads join us for a great morning of education and surprises

You are invited!

Skin to Skin

for all Moms, Dads and Babies at Birth and Beyond

The First Hug

Launch
Invitation

Saturday 1st June

Zoom virtual Launch Day

9am – 1pm

BOOKING IS ESSENTIAL

www.thoughtfulchildbirth.co.za



Get to know your Baby and
Let your Baby know you

EXPECTANT
mothers guide
Expectant Mother's
Guide Journey App

