# **Chocolate Mousse with Gluten Free Almond Tuiles**

# By Grace Stevens

#### **Chocolate Mousse:**

- 4 egg yolks
- 60ml castor sugar
- 500ml cream
- 225g dark chocolate, finely chopped
- 5ml vanilla extract

### Almond tuiles:

- 1 egg white
- 50g icing sugar
- 50g butter, melted
- 50g almond flour, well sifted
- 2ml vanilla extract
- 30g Shaved almonds

## To Finish:

- 150ml cream
- 15ml castor sugar
- 2ml vanilla extract
- grated chocolate

#### **Chocolate Mousse:**

- Place egg yolks, 30ml sugar and 180ml cream in a medium saucepan and mix well
- 2. Over a medium heat, cook the egg mixture until it is thick. Remove from the heat.
- 3. Whisk in the finely chopped chocolate and vanilla extract.
- 4. Cover with clingfilm over the surface of the custard and allow to cool.
- 5. Whip the remaining cream and sugar until soft peak.
- 6. Fold a third of the cream into the cooled custard and mix to loosen the custard.
- 7. Fold the custard into the remaining cream.
- 8. Divide mousse between six serving dishes, I used small glasses. Martini glasses also make a dramatic serving dish.
- 9. Place in the fridge until serving.

### **Tuiles:**

- 1. Preheat oven to 180°C
- 2. In a medium bowl, mix the butter, sugar and vanilla extract.
- 3. Add the egg white and almond flour and mix well to a paste.
- 4. Rest in the fridge until needed.

- 5. Drop teaspoon amounts of batter onto a silicone mat or silicone paper and spread into a circular shape, getting the batter as thin as possible.
- 6. Sprinkle with shaved almonds.
- 7. Bake for 4 minutes, until the tuile turns golden brown, you will have to watch them carefully.
- 8. Remove from the oven and quickly slide a pallet knife under the tuile and wrap around a wooden spoon or small rolling-pin to shape. Rest on a dish towel until firm. Repeat with remaining tuiles. You will have to work quickly.
- 9. Repeat with the rest of the batter or until you have enough tuiles to serve.

### To Finish:

- 1. Whip cream, sugar and vanilla extract until stiff.
- 2. Place cream in a piping bag with a star nozzle.
- 3. Pipe a swirl of cream on top each mousse. Top with grated chocolate.
- 4. Place a tuile on each dessert just before serving.
- 5. Serve immediately.