

*Do you want to have a baby that cries less, sleeps better,
has better brain development and the solution is free?*

Come and join us to find out how.

Launch invitation

Hugging and connecting through
skin to skin for all moms and babies
at birth and beyond

Saturday, 5th June 2021

on Zoom

Inviting all

pregnant moms and dads

Booking is essential



TO RSVP

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www.expectantmothersguide.co.za OR

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Join us for a great morning of education and surprises

EXPECTANT
mothers guide

Expectant Mother's
Guide Journey App



Your hugs inspire ours



we know you care